

TRYING SOMETHING NEW

8/15 & 8/16

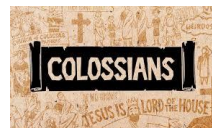
[Colossians 3:5-11](#) – What behavior or attitude has changed over the years? We can get caught up in the present moment and miss out on the ways we have changed. Paul points out to the people of Colossae that they used to live one way and shouldn't go back to that lifestyle. Paul also points out why they changed, because of what Jesus did in their lives. What did Jesus do? He died for them. He brought forgiveness and life to them. He opened the door to the Kingdom of God so they could be with him for eternity. Jesus brought change into their lives so they would be different than the world around them. In doing so, he allowed them to tell others about Jesus and what Jesus can do in their lives.

What does Paul mean by the “old self” in verse 9?

What does Paul mean by the “new self” in verse 10?

How does Colossians 3:11 impact your life?

Sermon Notes



Our Journey for

August 10 – August 16, 2026

What has changed for you over the years? Clothing styles change, but some come back into fashion. Hairstyles change over time. Car styles have changed. The bigger question about change is this: what has changed in your life since Jesus became a part of it? Has your word choice changed? Have your feelings towards others changed? Are you more compassionate? Are you more forgiving? Are you living your life more like Jesus did? I have heard it said that if you look at your three closest friends, your life is similar to theirs. You will like the same things, act in similar ways, and follow the same people. As we continue to study Colossians, Paul points this out. He says in verse 10 that the people have put on a new self, being renewed in the knowledge of the image of Jesus, meaning that when we follow Jesus, we should look more like him, act more like him, and follow the Father as he did. It raises a good question: Are we becoming more like Jesus? ~ Pastor Seth

A RENEWED SPIRIT

Mon. 8/10

[Psalm 51](#) – This psalm is a powerful psalm of forgiveness and restoration. David wrote this as Nathan confronts him with his sins, which occurred during his affair with Bathsheba. He is repenting of his sins and wants the relationship with God restored. As we focus on verses 10-12, we can really see David's heart. David understands the broken relationship with God. He feels the pain and the distance that his sins caused. If we stop here for a minute, it raises the question of our sins and the distance they create between God and us. David is willing to do the hard work of prayer and forgiveness to have a clean heart and a renewed spirit. He knows that it is not easy, but it is worth it.

What are you willing to do to restore your relationship with Jesus?

What does a clean heart and renewed spirit look like? How can we have a clean heart and a renewed spirit?

WHAT IS IN A NAME?

Tue. 8/11

[Genesis 32:22-30](#) – Our names have meanings. Some of us are named after people. Some of us add meaning to our name as we live our lives. In Genesis, people were named for what they had done or their personalities. Jacob means deceiver. If you read the chapters before Genesis 32, you will see Jacob lived into that name multiple times. In today's reading, Jacob is heading home and, in doing so, will meet his brother, Esau, whom he deceived multiple times. As he maneuvers his family and livestock, a narrative about Jacob wrestling with another person emerges. We don't know exactly who this is, but we know they wrestle all night long, and Jacob's name changes to Israel. Israel means that he struggled with God. The wrestler says that his name changed because he wrestled with God and man. Israel was different that moment.

Why do you think Jacob was different?

What has your name changed to?

A NEW HEART

Wed. 8/12

[Ezekiel 36:16-32](#) – The reason people change varies from situation to situation. God tells Ezekiel that the Israelites were disciplined because of the way they profaned God's holiness by their actions. Holy means to be set apart. God set these people apart, but they acted like the surrounding nations and, in many instances, were worse than those nations. Yet a time would come when God would bring them back to the Promised Land and give them new hearts. These hearts would be soft and open, not hardened like rocks. The world would see the difference and know that God was working. The nations would ask what was going on and how they could follow God, just like the Israelites were.

What does the new heart look like? What does it do?

How do we receive a new heart today?

A CHANGED LIFE

Thur. 8/13

[Luke 19:1-10](#) – We know that Jesus changes lives. We can hear the testimonies all around us. Our testimony should be similar in that Jesus changed our lives. Our initial reaction might be that the changes in my life are not that significant. They might not be, but we should be different because Jesus is our Lord. Zacchaeus' life was changed after Jesus met him. He was a despised tax collector. Jesus took the time to upset the cultural norms by deliberately interacting with Zacchaeus. He stopped where Zacchaeus was and invited himself to dinner. As the crowd muttered and complained, Zacchaeus proclaimed that he would give half his wealth away and right the wrongs that he had done. His life was changed because Jesus stopped to see him. The lives of those around Zacchaeus were changed because of his actions.

What impact does a changed life have?

How do people know that Jesus changed a life?

A RENEWED MIND

Fri. 8/14

[Romans 12:1-21](#) – People change their minds quite a bit. They may change their mind on dinner plans or color schemes. They may change their mind about who they like or don't like. It's hard to understand why people change their minds. In Romans 12, Paul says that our minds should be renewed because of our relationship with Jesus. What does that renewed, or changed, mind look like? He unpacks that in the rest of chapter 12. A renewed mind uses the gifts the Spirit gives. A renewed mind works out of love, not revenge. It will take time for this change to happen. We will have to continually place ourselves on God's altar, as in verse 1, and watch where God leads.

What does a renewed mind look like?

How is God renewing your mind?