

IS THIS POSSIBLE?

10/3 & 10/4

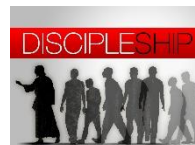
[Matthew 5:17-20](#) – Jesus calls us to be the best person that we can be. When we fail, he forgives us and allows us to try again. Jesus knows that we cannot do it on our own, so he and God the Father give us the Holy Spirit. The Holy Spirit provides us with counsel and insight. The Holy Spirit shares our hearts and concerns with God and relays God's will to us. In Matthew 5-7, Jesus teaches those gathered on the mountainside about God's expectations of us. He teaches them what they need to do to be God's people. What they heard is impossible to do by our own power, but possible through the Holy Spirit. In this snippet, they were called to be more righteous than the religious leaders of their day, which is impossible without God.

What seems impossible for you to do?

What is God calling you to do that is impossible?

How does the Holy Spirit work in you to make it possible?

Sermon Notes



Our Journey for October 5 – October 11, 2026

What can't you do? There are many things that I cannot do. I cannot speak a foreign language. I cannot run faster than my boys. Are there things we cannot do in our faith journey? The short answer is yes. We cannot live a sinless life. Does that mean we shouldn't try? No, we should do our best not to sin. The beauty of our spiritual journey is that God is with us. God enables and empowers us to follow Him. We will not always do it perfectly, because we are not God, but God provides what we need to follow Him. He gives us the Holy Spirit to be our guide and advocate. God also challenges us to live our lives differently. When Jesus spoke to the crowd on the mountainside, he taught them to go further than what the law said. He wanted them to follow God's heart rather than the letter of the law. He wanted them to take the next step on their faith journey. He challenges us today with the same teaching. Will we? ~ Pastor Seth

A MATURING FAITH

Mon. 10/5

[Psalm 25](#) – When do you turn to God for help? Is it after you tried everything on your own? Do you turn to God at the start of each day? Or does it depend upon the situation? As we spiritually mature, we learn to lean into God earlier and earlier for His help to get through our days. We learn to see temptations before they trip us up. We see God's will a little quicker than we once did. We feel the pain of sin more deeply. Our prayers change. They go from surface level to deep anguish over the littlest things as our hearts align with God's heart. When David wrote Psalm 25, he wasn't the shepherd boy who hadn't gone through the heartbreak of betrayal. He was running for his life as Saul chased him, and the Philistines wanted his head. In this season of his life, he learned what it means to depend upon God for all his needs.

What does a mature faith look like?

How does our faith mature?

THE BEST

Tue. 10/6

[Deuteronomy 8:1-10](#) – We want the best for our children. We provide opportunities for them to grow physically, intellectually, and spiritually. We sacrifice our wants so they can have a better life. God heard the cries of His children as they suffered in Egypt. God guided them through the wilderness for forty years. He provided food, clothes, and water. He promised they would live in a land filled with all they needed. On the journey, there were a few bumps in the road. The people were disobedient and didn't trust that God would provide. Deuteronomy is filled with the last words Moses wanted to tell them before he died. It is filled with God's promises and covenants. Moses tried to remind the people of what God had done for them and what they were committing themselves to do. If they would obey, God would bless them.

What happened when the people of Moses' day obeyed God?
What about us?

How does obedience lead to spiritual growth?

GOD DOES CARE

Wed. 10/7

[Ezekiel 34:11-16](#) – Sometimes, it feels like God is missing. We feel like we are defending ourselves from all sorts of issues. We wonder where God is during these moments and feel left out. Ezekiel is a prophet during a time when the people of God feel deserted. They have been removed from their homes and are living in exile. They feel like God has abandoned them because the religious leaders are focused on their own needs, not the people's needs. When God speaks through Ezekiel, God tells the people that He is going to be their shepherd from now on. He is going to provide the best food and pastureland. He is going to protect and bring them back from distant places. As God meets them where they are, He gives them what they need to grow in their faith and trust.

When have you felt God didn't care?

How did God change your perspective?

CAN I REALLY DO THIS?

Thur. 10/8

[Matthew 5:43-48](#) – Jesus is talking to the crowd of followers that has gathered on the mountainside. This is known as the Sermon on the Mount and is found in Matthew chapters 5-7. In this teaching, Jesus stretches the disciples' hearts and minds. He uses a phrase several times, "You heard it said..." Then Jesus goes on to explain a little further how his followers should live. In this section, he said that you should love your neighbors and hate your enemies. Jesus changes it and says that we should love our enemies and pray for those who persecute us. This is totally different than hating my enemies. It is hard to pray for people that we hate. Jesus indicates that when we obey his words, we can be as perfect as our heavenly Father is. We, like the disciples, have trouble understanding what Jesus is doing and obeying His word.

How easy is it to pray for those who hate you?

How does praying for those who hate us lead to perfection? Can we really do it?

GROWING STRONG

Fri. 10/9

[Hebrews 5:12-14](#) – Do you remember the milk ad that said: "Milk, it does a body good"? It reminds us that young bodies need protein and nutrients to grow. The original milk ad actually comes from Hebrews 5:12-14. The author of Hebrews is urging people to develop their faith. The author is approaching the topic from a negative perspective. The people are disciples of Jesus and should be leading others to follow Jesus, but their lack of knowledge and understanding indicates they need elementary teachings. The author is astonished and concerned about their struggle with God's truth. There is a push for people to grow in their faith rather than remain stagnant. It leads us to look at our spiritual life.

How are you feeding your spiritual life?

What can you do to keep growing?